

Pension news

Welcome to your Autumn update

Welcome to the Autumn edition of your Civil Service Pensions newsletter. We bring you details about the upcoming improvements to our services, scheme updates and the support and services available through our trusted partners.

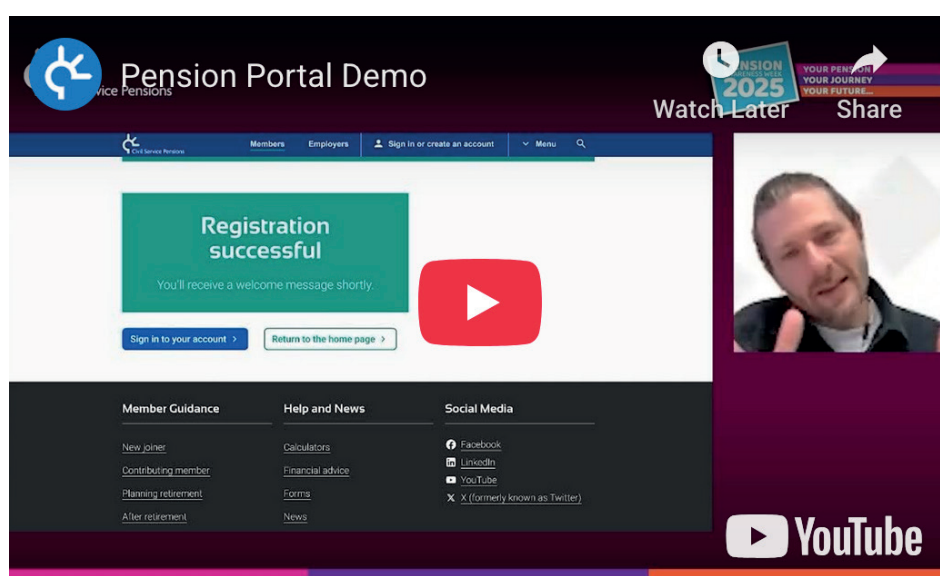


New website and services

Soon, we'll be launching a new website and member portal. You'll see the same useful pension information presented with a new look and different colour palette. And as now, you'll be able to access the new member portal from the Civil Service pensions homepage.

This webinar from Pensions Awareness Week gives you a sneak peek at what the new portal will look like. Previous P60's and payslips will migrate across. We'll remind members to re-register in 2026.

Also coming is a new App, suitable for all Android and iOS devices. We'll let you know when it's available for download.



You can find the video here:
youtu.be/G4_c1X3YN_A

What do you think of the new portal?

If you have a minute or two, could you share your views?

What do you think of the new portal? (rate 1-5)?

1 - Very dissatisfied, 2 - Dissatisfied, 3 - Neutral, 4 - Satisfied, 5 - Very satisfied

1

2

3

4

5

What do you think about the upcoming changes to the Portal?

What future improvements or new functions would you like to see?

Pension Increase

Every year we review Civil Service pensions in payment to determine if they should be increased in line with prices. This review is called Pension Increase (PI) and it takes effect from the first Monday after 6 April each year.

We use the Consumer Prices Index (CPI) value in September of the previous year to determine PI. IF CPI shows an increase in prices, then PI is applied in line with CPI. If prices have fallen, or remained at the same level, no PI is applied.

The next PI will be applied to those eligible from **Monday 13 April 2026**. Members will receive their PI letters from April 2026.

You can find out more about PI here:

www.civilservicepensionscheme.org.uk/retired-left-or-leaving/retired-and-receiving-your-pension/yearly-pensions-increase-pi/



Wellbeing tips to thrive in retirement

Retirement represents a significant life transition. Adopting healthy habits and incorporating wellness practices can significantly enhance your overall quality of life.



Even with the nights drawing in. Try to spend time in nature by walking or listening to birdsong. Physical activity is key to maintaining strength, flexibility and mobility. Do what you enjoy and suitable for your fitness level.



Incorporate relaxation techniques into your daily routine. Practice deep breathing exercises, meditation, mindfulness or gentle stretching to reduce tension.



Eat a balanced diet and limit the amount of processed foods, sugary snacks and salt. Remember to stay hydrated too.



Get regular check ups and stay up to date with vaccinations.



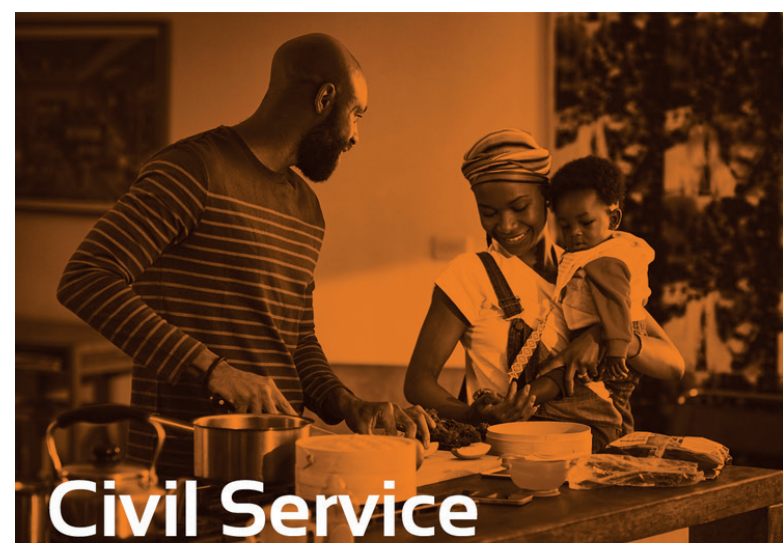
Prioritise sleep and limit caffeine and screen time before bed.

Podcast spotlight: Listen, learn, plan

The Civil Service Pensions Podcast continues to be a popular way for members to learn more about their pension by hearing directly from experts and the real-life experiences of members. In the latest series (Season 4), we explore topics including Retiring abroad, the State Pension and 2015 Remedy.

If you're curious about how your Civil Service pension works or simply enjoy hearing the stories of fellow civil servants, you can tune in to all episodes at any time on Spotify, Apple Podcasts or directly from our website.

www.civilservicepensionscheme.org.uk/knowledge-centre/resources/podcast/



Civil Service
Pensions Podcast



You can be the umbrella of support that every civil servant needs through a gift in your Will

Did you know that you can leave a gift in your Will to the Charity for Civil Servants? It's a personal and lasting way to support the Civil Service community. Like the weather, life can be unpredictable. As the only charity there for all current and former civil servants, your support helps people to weather the storm.

The charity's helpline, financial support, and wellbeing services are a lifeline for many. In 2024, someone asked for their help every 15 minutes. Behind every request is a real person like Malcolm, who needed support through a difficult time in his life.

A gift in your Will ensures that support is there for civil servants in the future – a wonderful legacy to leave. After taking care of your loved ones, any donation in your Will could provide an umbrella for civil servants in need.

To find out more, visit the CFCS website and read Malcolm's story.

CHARITY FOR CIVIL SERVANTS

www.cfcs.org.uk/support-us/leave-a-gift-in-your-will/

www.cfcs.org.uk/about/stories/malcolms-thank-you-letter/

The Civil Service Pensioners' Alliance (CSPA)

Did you know the CSPA was founded in 1952 by retired civil servants? The CSPA supports members with individual pension issues and, when needed, works with the Scheme Manager and administrator to help resolve them.

The CSPA has a network of local groups and branches across the UK and campaigns on issues affecting pensioners – such as the State Pension, health and social care, accessible transport and housing, and digital inclusion.

Members receive a quarterly magazine, The Pensioner, and access to free services including legal and IT helplines. CSPA members also benefit from a range of offers including discounted travel, home and car insurance schemes designed especially for pensioners.

To find out more about the benefits of being a member, visit their website.

www.cspa.co.uk

